





## A new approach in helping 9-11 olds make healthy choices

**LifeBase Interactive** offers exciting, school-based sessions using innovative technology and an expanded range of sophisticated, dynamic teaching and learning strategies. Using a life-skills approach, we provide a memorable experience that supports children's ability to make informed health choices. LifeBase Interactive is currently available for children aged 9-11. See **Choose Learning Outcomes - LifeBase Interactive** to find out more about the range of Learning Outcomes available through this modular approach.

This information is available on our website.

## Using a Modular Approach

With the introduction of a modular approach we are able to work with teachers to choose the module that best meets the needs of the class. This is a straightforward process: your teachers simply select the module – and related learning outcomes – that contributes best to and enhances their existing programme of PSHE.

## Technology

**LifeBase Interactive** includes in its range of equipment a pupil response system. This is a dynamic teaching tool that enables all children to participate fully – children use handsets to respond to questions or statements on a range of issues. This engages and enthuses children, allowing them to contribute equally, not just to knowledge-based learning but also to exploring attitudes and developing critical thinking skills. The technology allows all this to be done completely anonymously!

## Normative Beliefs – Exploring Common Misperceptions Together

Extensive research in the field of normative education shows that children (and adults) tend to overestimate the amount of risky behaviour that their peers are engaged in, such as

drinking alcohol or smoking cigarettes regularly. A key role of health and drug education at this age is to explore these normative beliefs, challenge misperceptions and help children to understand why they occur. This, in turn, promotes the critical thinking skills needed to make choices based on fact rather than false beliefs. Normative education is a feature of our Modules for this age group.

## Active Learning

**LifeBase Interactive** has the added benefit of providing your school with a wider range of activities and teaching strategies. This is made possible by combining new technology with the flexibility afforded by a larger, school-based teaching space. As well as the pupil response system, and using the enhanced space to best effect, our educators will also use a range of drama and role-play strategies to involve children. These teaching and learning strategies have been developed in response to children's feedback about what best engages and maintains their attention.

## Key benefits of the sessions

When delivering sessions using **LifeBase Interactive**, your educator will:

- Provide a choice of Modules so that teachers can match learning outcomes to the needs of their class
- Employ a wide variety of dynamic and interactive teaching techniques
- Develop children's ability to manage peer influence using life-skills approaches

Please ask your Educator about the availability of **LifeBase Interactive** in your area. If you are interested in this service, your Educator will work with you to identify a suitable space where the sessions can be delivered within your school.