



# Working together to achieve positive outcomes for children



## Mission

Our mission is to help children make healthy choices through our work with schools, parents and engaging the community.

## Our Work

We provide a comprehensive range of high quality and evidence-based services\*<sup>1</sup> appropriate to the needs of primary aged children. Our work is constantly evolving in response to emerging policy and good practice relating to PSHE & Citizenship and working with parents. We employ highly skilled Educators who are carefully trained to deliver our services. Their training covers a wide range of positive teaching and learning techniques, and behaviour management strategies.\*<sup>2</sup>

## Our Services in Schools

We aim to add value to schools' existing PSHE provision by tailoring our visits to achieve learning outcomes discussed and agreed with teachers in pre-visit sessions. For each class group we construct a session that is appropriate to children's age and needs. Sessions are delivered using a life-skills approach and each year children develop increasing knowledge, skills and confidence to support them in making informed health choices.

Our work contributes to key national guidance and the delivery of outcomes expected of primary schools in relation to children's health and well-being. To demonstrate how we do this, the content of all our sessions is mapped against the curriculum frameworks of the countries in which we operate and other policy guidance documents that relate to delivering healthy outcomes for all children.\*\*

We have a number of ways of working with schools and different year groups – from a visit by our mobile classroom to activities specially designed to work in your school.\*<sup>3</sup>

## Involving Parents

Research shows the value and importance of parental involvement in children's learning about health and drug education and we offer a number of approaches that support this. These include a brief introduction to our work during the visit of a mobile classroom; a vibrant Parent Assembly Programme; Parenting Skills courses for those who would like more intensive support and guidance. For schools that want to develop their own ability to support parents more, we offer training for school-based staff (such as Parental Support Advisors) to deliver the parenting programmes we have designed.\*<sup>4</sup>

## Involving the Community

Our work is most effective when integrated with other community-based initiatives aimed at improving the well-being of children and young people. This is why each of our local groups endeavours to work in partnership with the local business community, the media and with local voluntary and statutory partners.

## Life Education – Evolving

We regularly review and update our work in response to changing policy or practice, or as a result of a request from a partner agency to fulfil an identified need. By sharing practice developed in local regions, innovation can be adopted and adapted for use throughout our organisation. This approach ensures that we make the most of the skills and talents of our workforce in order to bring the best possible support for all our service users.

\* For further details, read also Life Education's guides:

- 1 *The Evidence Base for Health and Drug Education*
- 2 *Teaching and Learning*
- 3 *Modular Approach* and *LifeBase Interactive*
- 4 *Involving Parents/Carers*

\*\* Please see the following documents:

- Supporting the Every Child Matters Framework
- National the National Healthy Schools Programme
- Supporting the Ofsted Framework and Self Evaluation Form
- Session Content and PSHE curriculum links
- Supporting the QCA guidance
- Understanding Risk and Protective Factors (Correct at time of printing)

All these documents can be viewed on our website.