

Coram Life Education

Transcript

Cerrie Burnell: Well all children have to face challenge and risk at some point in their life and Coram life education believes that enabling children to work on their relationship skills, decision making and self confidence, they'll stand a better chance of making positive choices.

Coram reaches over 800,000 school children in the UK every year and helps them to start taking responsibility for their young lives in a positive way.

Sarah Greenwood: As a part of Coram, we aim to visit lots of schools and talk to lots of children to help them think about making healthy choices.

[Children playing]

[Sarah Greenwood, talking to the children: Do you remember earlier, you were brilliant and you told us you needed food, water and air, those three things...]

Sarah Greenwood: They love it. It's great turning up in the morning with the mobile classroom and they come in to the playground and they say 'Oh great it's Harold, we're going to go in the life bus again'. It just makes your day start really well.

Child 1: We watched Harold the giraffe in the picnic

Child 2: The giraffe learnt (taught) us about...you can't bully and you have to be friends all the time

Child 3: Today we went in the life bus and learnt a lot about healthy

Child 4: Today we've been learning about our bodies

Kathy Brodbeck: This week is our healthy living week and we've got lots of different activities, and it's centred really round the work in the life bus which every child has the opportunity to take part in from nursery, from our 3 year olds, up to our year 6 pupils.

[Sarah Greenwood, talking to the children: Now looking at these feeling up here, which ones do you think are important to him now?]

Sarah Greenwood: We use Tam right from reception, right through and when we talk about body systems then it's a very important tool there. And when we talk about how alcohol and cigarettes effect the lungs, the heart and the liver, again it's an important tool to use.

Kathy Brodbeck: The children are so positive about the experience in the life bus because it's like a little magical kingdom when they enter there.

[Sarah Greenwood, talking to the children: ...and on clear nights when we look up, sometimes we can see the stars]