

How to benefit

To request therapy or a parenting programme please complete a referral form. We also welcome telephone queries to our administrator, who will direct your call to the correct person or email you a referral form.

Contact details

To find out more or speak to someone about our Post-Adoption Support:

Phone: 0207 520 0332

Email: post-adoption@coram.org.uk

Web: www.coram.org.uk

Coram Post-Adoption Support Service
41 Brunswick Square
London
WC1N 2AZ

Coram, the UK's first children's charity

Coram has been creating better chances for children for over 270 years.

For some children, it's the practical support that Coram provides for thousands of families each year. For others, it's an overwhelming need to be adopted into a stable and loving home.

Coram works with over 14,000 children and parents every year. Coram Children's Legal Centre offers free specialist advice to thousands more, and Coram Life Education provides health and drug education to a further 800,000 school children.

From creative therapies to supported housing for care leavers, we create better chances and a brighter, happier future.

The Thomas Coram Foundation for Children (registered charity no. 312278) was established by Royal Charter in 1739.

coram | better chances
for children
since 1739

Post-Adoption Support



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Coram Post-Adoption Support Service

Coram's Post-Adoption Support Service is funded by the Department for Education (DfE). The service provides parenting programmes to adoptive parents and/or art or music therapy to their adopted children. The service is for children already placed with their adopters, pre- or post- Adoption Order.

We operate in five hubs across the country: North West, East Midlands, East Anglia, London and Kent.



Funded by the Department for Education

Creative Therapy

Creative therapy provides a safe place where children can explore how to communicate and express their feelings using art, music and play. Creative therapists are trained to understand nonverbal communication and help children to reach their full potential.

Creative therapy is appropriate for children from the age of two years up to 18 years old.

What people say about our Creative Therapy

Our recent outcome study showed that **94%** of parents and **77%** of teachers saw significant improvement in their children after attending Coram Creative Therapy.

Parents

"I feel the sessions have helped my son enormously... creative therapy presented him with a safe place in which he would begin to express himself freely and build his confidence."

"Creative therapy has been a very good thing for Michael and for us as a family."

Children

"If you tell, it's hard to say how you're feeling, but with a drawing you can see straight away."

"It helped me move on, away from the bad feelings that I had before."

Parenting Programmes

Webster Stratton Incredible Years and STOP (Supportive Programme for Parents of Teenagers) parenting programmes, both adapted for the needs of adoptive parents, are available in all hubs except the North West and, in addition, in the North East.

The programmes have been adapted to address themes relevant to adoptive parents, and Incredible Years for adoptive parents is accredited by C4EO*, the Centre for Excellence and Outcomes in Children and Young People's Services.

The Incredible Years programme is geared towards the parents of children aged three to nine, and the STOP programme is for the parents of children aged 12 to 14 years old.

What people say about our Parenting Programmes

Feedback from adopters who attended our Incredible Years post-adoption parenting programme showed that all parents reported an improvement in their child's attachment.

Participants particularly valued the chance to share experiences, ideas and tips with other adoptive parents, and everyone who responded would recommend the programme to other parents.

Adoptive parent

"Extremely helpful course. My ability to deal with / encourage good behaviour from my kids is greatly increased. Cannot thank you enough."

*For more details please see:

<http://www.c4eo.org.uk/themes/adoptionfostering/vlpdetails.aspx?lpeid=472>