

How to access Adoption Support

Get in touch to find out more, or to speak to someone about our adoption support.

For Adoptive Parents

Phone: 020 7520 0383

Email: adoption@coram.org.uk

Web: www.coram.org.uk/adoption

For Local Authorities

Phone: 020 7520 0302

Email: adoption-support@coram.org.uk

Web: www.coram.org.uk/adoption

Coram Adoption Support Service
41 Brunswick Square
London
WC1N 1AZ
www.coram.org.uk/adoption



Coram, the UK's first children's charity

Coram has been supporting vulnerable children for 275 years, and is still finding new ways to help children.

We now help a million children and young people every year.

We help children and young people develop their skills and emotional health, we help find adoptive parents and we uphold children's rights, creating a change that lasts a lifetime.

Our vision is that every child has the best possible chance in life.

To find out more, visit www.coram.org.uk

coram | better chances
for children
since 1739

Registered Charity No. 312278



Adoption Support



Adoption Support at Coram

Coram recognises that whilst adopting can be very rewarding for parents, it comes with challenges. We offer tried-and-tested adoption support which is tailored to the needs of each parent.

All parents who adopt through Coram have the opportunity to benefit from support services, which include our Parenting Programmes. We support our families throughout the process, and afterwards - for as long as they need us.



“We returned to Coram for parenting support for our daughter, who had experienced a lot of disruption in her early years and took longer to settle. Their groups help you understand what your child might be feeling and how to help them build up trust in you.”

Adoptive parent

Parenting Programmes

Webster Stratton Incredible Years Parenting Programme and STOP (Supportive Programme for Parents of Teenagers), both adapted for the needs of adoptive parents, are available to parents who adopt through Coram.

The Incredible Years Programme is geared towards the parents of children aged from three to nine, and the STOP programme is for the parents of children aged 12 to 14 years old. Incredible Years for adoptive parents is accredited by C4EO, the Centre for Excellence and Outcomes in Children and Young People's Services.

What people say about our Parenting Programmes

Feedback from adopters who attended our Incredible Years adoption parenting programme showed that all parents reported an improvement in their child's attachment.

Parents particularly valued the chance to share experiences, ideas and tips with other adoptive parents, and everyone who responded would recommend the programme to other parents.

“Coram helped us become a family and continue to support us to be a happy family. The staff are motivated and caring, and the impact Coram has had on our lives has been amazing – thank you!”

Adoptive parent

Additional Adoption Support Services

As well as parenting programmes, we offer a range of support services to Coram adopters. Some of these can also be commissioned by Local Authorities for those who have not adopted through Coram.

- **Telephone Advice**

Advice and guidance is available from Coram's social workers during office hours.

- **Stay and Play Groups**

These groups enable new parents and their children to meet other new adopters and speak to our Adoption Support Team.

- **Creative Therapy**

Creative therapy provides a safe place where children can explore how to communicate and express their feelings using art, music and play.

- **Referrals to specialist services**

Coram is able to support adoptive parents with referral for a variety of services including Child and Adolescent Mental Health Services (CAMHS), where appropriate.

- **Life Story Work**

Life story work helps adopted children to remember and make sense of their early lives.

- **Advice and support with schooling issues**

Coram's adoption support team will be able to help with a child's Education and Health Care Plan (EHCP).