

Engaging parents

We work with parents, carers, teachers and other community figures to effectively communicate healthy lifestyle messages.

We use a vibrant Parent Assembly Programme and parenting skills courses to help involve parents in their children's learning about health and drug education.

Both complement the mobile classroom sessions, and follow on from the work undertaken by teachers and children. Parenting workshops cover behaviour management, health and well being, drug prevention, communication, taking care of yourself and managing stress. We also offer training for school-based outreach workers and others working with families at risk.

Evidencing the value

Research has demonstrated the positive impact of Coram Life Education on those surveyed:

87% of children knew more about keeping healthy

83% recognised how emotions and needs change in different situations

91% understood how others influence the choices they make about smoking, alcohol and other drugs

76% reported they had learned to be more assertive

Over **88%** of teachers agreed that they: 'felt more confident' to deliver PSHE

80% of teachers agreed Coram Life Education helped the school achieve national standards

In line with national standards

Our work evolves in response to emerging good practice and policy relating to PSHE.

Coram Life Education has achieved the Department of Health's Information Standard, a quality mark designed to recognise reliable sources of evidence-based information.

Coram Life Education fully supports the key objectives of National Healthy Schools and also supports schools in delivering recommended best practice in health and drug education as outlined in 'Drugs: Guidance for schools' (DfES, 2004) as well as helping schools to meet key criteria of the 2012 Ofsted Inspection Framework. Our programmes in primary schools work in conjunction with the Social and Emotional Aspects of Learning (SEAL) objectives.

Evaluating and improving

Coram Life Education's programmes are regularly evaluated and measured by internal and external assessors against specific learning objectives. In this way Coram Life Education is able to conduct an on going review of effectiveness to develop and improve programmes in line with the findings.

Find out more

If you'd like to discuss how our work could support your school.

Call: 020 7520 0364

Email: cle@coram.org.uk

Or visit www.coram.org.uk/lifeeducation

Coram Life Education

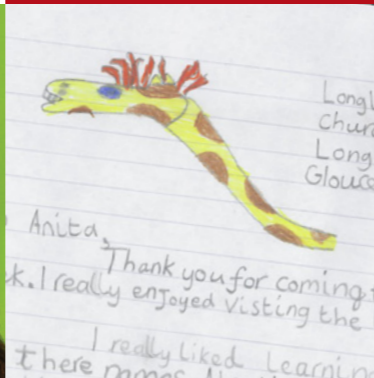
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coram 
Life Education

The UK's leading health and drug education school programme



The
Information
Standard

Certified member

This organisation has been certified as a producer of reliable health and social care information.
www.theinformationstandard.org

Helping children make healthy choices

Coram Life Education is the UK's leading health and drug education programme, helping children make healthy choices.

Coram Life Education and its Delivery Partners reach 800,000 children every year in over 3,500 primary and secondary schools, teaching life skills to children aged 3-16 years old through fun, interactive and age-specific activities.

The programme has been created by child development experts and is delivered by qualified educators in specially-designed mobile classrooms. Coram Life Education has been established in the UK for over 20 years and is an internationally respected provider of high-quality and strongly evidence-based drugs and health education.

The Coram Life Education programme supports the National Curriculum guidelines for Personal, Social, Health and Economic education and the four themes of the Ofsted Framework for Inspection.

Coram Life Education is part of the Coram group of charities whose expertise includes adoption, creative therapy, supported housing, family support and promoting children's rights.

Coram Life Education works across the UK and Ireland, working with:

- 800,000 children
- nearly one in five primary schools
- 30,000 primary school teachers
- 3,500 parents through family work

Our programmes

Coram Life Education contributes to primary school PSHE provision by achieving agreed learning outcomes, which are delivered for pupils and teachers at the Foundation stage and Key Stages 1 and 2. We support children to make healthy choices by:

- educating children about the effects and risks associated with the use of all drugs, including alcohol and tobacco, and promoting the benefits of a balanced diet and exercise
- using trained educational practitioners and proven methods of delivery
- supporting other school work by integrating Coram Life Education resources within existing PSHE and Citizenship programmes
- being evidence-based – taking account of 'what works' in education
- using positive teaching techniques

Tailored for your school

A preliminary planning meeting with the head teacher and PSHE co-ordinator helps us to understand the school's particular needs and identify the contribution that Coram Life Education can offer. This meeting also offers an opportunity to assess the children's prior learning and experience, plan programme delivery and make appropriate provision for pupils with special needs.

A staff INSET session familiarises school staff with the content of the programmes and range of follow-up materials available. This session can also become a professional development opportunity for teachers covering positive teaching and learning strategies, drugs awareness and other PSHE-related issues.

The Coram Life Education classroom

Coram Life Education sessions are stimuli-rich and interactive, using puppetry, role play and film clips to capture children's imaginations and develop critical thinking and risk management skills.

"Methods such as meeting Harold, watching the DVD, finding parts on their own bodies and lots of movement meant children were engaged throughout."

Leonard Stanley Primary School

Educators work alongside teachers to ensure sessions are effectively tailored to a class's specific age, curriculum framework and needs.

"Teachers particularly liked the introduction of the new BBC audio visual materials, which added a very positive extra dimension to the whole experience."

Coalway Community Infant School

Sessions feature the much-loved puppet, Harold the Giraffe, who helps introduce and explore issues and emotions. A series of age-appropriate films, specially created with the BBC and performed by BAFTA-nominated BBC puppeteers, see Harold and friends explore risk and conflict resolution in a 'real world' context.

"PSHE with a difference... The approach - never to negate, never to contradict, and always to focus on the positive - is a deliberate technique, taught to all Coram educators."

Times Educational Supplement, August 2011

We make each minute in the mobile classrooms count, encouraging participation and engagement through positive learning strategies. By helping children understand and develop assertive behaviour skills, our sessions support youngsters to make responsible decisions and negotiate healthy peer relationships.

