



AI tools to support co-parent communication

By Relate at Family Action, a company limited by guarantee

Relate, a leading relationship support charity, has launched **a suite of AI tools designed to support separated co-parents, couples, and carers in improving communication, reducing conflict, and fostering positive relationships**. Funded by the Department for Work and Pensions (DWP) as part of the Reducing Parental Conflict (RPC) Challenge Fund, these tools aim to empower families to make informed decisions and prioritise the wellbeing of their children. By providing resources such as language analysis, child-focused insights, and practical co-parenting advice, Relate is helping families navigate the challenges of separation with greater ease and confidence.

Relate's AI tools include:

Sounding-Board Bot:

- Provides feedback on drafted messages, offering suggestions for clearer, more empathetic wording to prevent miscommunication and conflict.
- Example: A WhatsApp message to an ex-partner about childcare arrangements is analyzed to ensure its tone is neutral and constructive.

In-the-Middle Bot:

- Offers insights into a child's perspective in various co-parenting scenarios, helping parents make decisions that prioritise their child's needs.
- Example: Helps parents understand the potential emotional impact of a schedule change on their child.

RelateBot:

- Provides expert co-parenting advice and practical support, along with recommendations for articles, books, and other resources.

"We are really proud to be able to offer these tools for parents, carers and practitioners. We hope that we can develop them and that people will access them before seeking legal advice, as we strongly believe that where possible it is beneficial for families to resolve separation and conflict without involving the family court system." – Jude Gordon, Supporting Families Programme Manager at Relate

See more: 'New AI tools facilitate clearer communication for couples and co-parents'

