Young People's Gambling Harm Education Programmes

By GamCare, a registered charity

GamCare is the leading provider of information, advice and support for anyone affected by gambling harms. Working with staff and service users, GamCare have identified **four major strategic ambitions**:

- 1 Gambling harms are widely recognised and prevented.
- 2 Universal access to effective tools and support.
- **3** Universal access to caring, evidence-led and integrated treatment.
- 4 GamCare's work is trusted, valued and effective.

For children and young people, GamCare provide a range of different services to support young people ranging from in person workshops, digital tools and resources to online support and indirect support for professionals and parents. They also provide age-appropriate treatment as part of a Young People's Service, which strives to provide direct support to under-18s across the UK who are 'at risk' of or experiencing harm because of gambling.

GamCare's work is guided by their Youth Advisory Board, who consult, advise, co-develop and do-deliver jointly with them to ensure that they are creating services young people want and need. Their work with young people is rated Advanced by the National Youth Agency, and they are registered Youth Friendly Employers by Youth

Employment UK. They are also Approved Activity Providers for the Duke of Edinburgh Award.

They provide:

- Education for young people via their dedicated <u>website</u> for young people, as well as via interactive workshops.
- · Young People's Support Service.
- Workshops and training for professionals working with young people.
- Discussion-based workshops for parents and carers.
- A network for organisations delivering gambling education to young people,
 The English Gambling Education Hub, created with six other providers of gambling education.

Children and Young People's Trauma Informed Care Programme

By <u>Humber and North Yorkshire Health</u> and Social Care Partnership

In 2021, the Humber and North Yorkshire Integrated Care System (ICS) initiated a decade-long Children and Young People's Trauma-Informed Care Programme, funded by NHS England's National Health and Justice Team. This collaborative effort involves health services, local authorities, and the voluntary and community sector, all working together to enhance support for vulnerable

children and adolescents who have experienced trauma or are at risk of entering the youth justice system.

The programme focuses on two primary objectives:

- 1 Systemic transformation: Implementing a consistent traumainformed approach across all partner organisations to ensure cohesive and compassionate care for at-risk youth.
- 2 Innovative interventions: Establishing "Test and Learn" sites to pilot new strategies aimed at diverting young people from initial involvement with the youth justice system.

One notable "Test and Learn" initiative is Hull's Flipside project, led by The Warren and Cornerhouse. This holistic model offers trauma-informed interventions, including one-on-one therapeutic sessions and group activities, to prevent first-time offenses among youth. The project integrates into existing structures, such as multi-agency diversion panels, collaborating with partners like Youth Justice Services, police, and social care.

The programme's commitment to excellence was recognised when it was shortlisted as a finalist in the Youth Justice Award category at the Children and Young People Now Awards 2024. This acknowledgment highlights the initiative's significant contribution to improving life chances for young individuals at risk of offending.

By fostering a trauma-informed culture and testing innovative interventions, the Humber and North Yorkshire ICS aims to create a supportive environment where vulnerable children and young people can thrive, reducing their risk of entering the justice system.

See more: Children and Young People's Trauma Informed Care Programme

